



esth^étika

A 1-YEAR PROGRAM IN ESTHÉTIC DENTISTRY.

2023



1 YEAR TO MASTER YOUR ESTHETIC SKILLS

The 2026 program, which is carefully put together by Cristina Lopez and Raphael Wymann, will give you the opportunity to learn from some of the most skilled teachers and experienced clinicians in the field of esthetic dentistry.

Cristina & Raphael have been organizing courses in Switzerland for mimétika for the last 3 years and Raphael Wymann, as one of the co-founders of mimétika, brings the experience of organizing multiple years of the mimétika program as well as other CE programs.

■ **esthétika founders**

Raphael Wymann (left) and
Cristina Lopez (right)
founded this new product
of mimétika.



Raphael Wymann

Graduated in 2006 from the University of Berne (Switzerland), he finished his doctoral thesis 2007 in the field of maxillofacial surgery. Since 2009, he has owned a dental practice in Berne (Switzerland).

After mainly focusing on implantology and endodontology for the first 7 years of his career, he then switched to minimally invasive advanced adhesive dentistry. In this field, he was trained by Pascal Magne, Didier Dietschi, Tommy Rocca, David Gerdolle and others.

He is a graduate of the Masters Program for Microinvasive and Aesthetic Dentistry at the University of Geneva.

He is a tutor in the postgraduate MAS program and faculty member at the University of Geneva in the Division of Cariology and Endodontology.



Cristina Lopez

She obtained her degree in 2002 at the UEM in Madrid. In 2005, she completed a master's degree in periodontics and oral surgery. In 2010, after 2 years of activity in London, she moved to Geneva, where she became very interested in adhesive and minimally invasive dentistry. In 2019, she obtained her diploma as a master in aesthetic and minimally invasive dentistry from the University of Geneva, and since then, she has been working as a collaborator of this university both at undergraduate and postgraduate level. In parallel, she works in a private practice as a specialist in aesthetic and minimally invasive dentistry. Since 2023, she has been part of the mimétika group, where she actively collaborates in formation and organization.

1 full year dedicated to excellence in esthetic dentistry

The 1-year program is organized in a way, that you will have the best learning experience possible. It consists of pre-recorded lectures by Cristina Lopez and Raphael Wymann as well as live lectures of external speakers which will be broadcasted via 'zoom'. During the zoom meetings you will have enough time to ask questions about the current topic.

In March there will be a 'Live Event' in Berne, where you will work on your clinical skills during the hands-on sessions as well as on your theoretical knowledge during the lectures.

Last but not least we want to see your results. We want to follow your improvement by discussing clinical situations throughout the year and seeing some of your best cases at the end of the year.

Please note, that all time references are referring to the Swiss time zone (GMT +2).



ZOOM

January 17th 2026

15:00



ZOOM

February 14nd 2026

15:00



LIVE EVENT

March 5th-8th 2026



ZOOM

April 25th 2026

15:00



ZOOM

May 23th 2026

15:00



ZOOM

June 20th 2026

15:00



SUMMER
BREAK



ZOOM

August 29th 2026

15:00



ZOOM

September 5th 2026

15:00



ZOOM

October 17th 2026

15:00



ZOOM

November 14th 2026

15:00



ZOOM

December 12th 2026

15:30

What you'll get during 1 year of *esthétika*

- You will learn a modern, ethical and patient focused approach to esthetic dentistry.
- You will learn how to plan small as well as large full mouth rehabilitations with with state of the art techniques. This will enable you to achieve predictable results.
- our teachers will cover white and pink esthetics
- state of the art interdisciplinary orthodontic approach
- during the live event you will be able to work on your clinical & theoretical skills:
 - direct anterior restorations
 - direct posterior restorations
 - photography
 - ceramic veneers
- 1-year mentoring
- case discussions
- WhatsApp group access



Raphael Wymann & Cristina Lopez

introduction to esthétika

We will introduce you to esthétika. Our approach and philosophy as well as the goals we have for you!



Didier Dietschi

ethics in esthetic dentistry

LIVE ZOOM 60' + Q&A

Dr Didier Dietschi graduated from the University of Geneva Dental School, Switzerland, in 1984, where he completed specialty training in periodontology and restorative dentistry. He held the positions of assistant, lecturer, and senior lecturer at the same university, where he received his Privat-Dozent degree in 2004. He earned his PhD in 2003 at the Academic Centre for Dentistry in Amsterdam, Netherlands. Dr Dietschi is internationally acclaimed for his theoretical and practical teaching programs focused on adhesive and esthetic restorations with the integration of scientific evidence and implementation of new technologies in the field of minimally invasive esthetic dentistry applied to the restorations of anterior and posterior teeth.



Raphael Wymann

treatment planning

LIVE ZOOM 60' + Q&A

During this treatment session, Raphael will guide you through the planning protocol of small medium and large aesthetic cases. Classic smile design principles, photo protocols and a step by step treatment planning of a full mouth case will facilitate your future approach to treatment planning.

FEB



Berne, Switzerland

location

course location is Hotel Schweizerhof in Berne.



March 5th - 8th

date

During these 3 days you will enjoy teaching and hands on in this beautiful UNESCO world heritage city.





Marco Gresnigt

ceramic veneers

Dr. Marco Gresnigt is a distinguished Dutch dentist known for his expertise in aesthetic and restorative dentistry. He holds a PhD in adhesive dentistry and is an associate professor at the University of Groningen. Dr. Gresnigt has published extensively and is a sought-after speaker at international conferences. His innovative research and clinical work have earned him the prestigious Academy of Operative Dentistry European Section Award (2018) and the Oral Health Promotion Award (2021).

During this **2-days course** you will learn everything you need to know about ceramic veneers from one of the leading researcher and clinician in that field.



March,
5th + 6th 2026
lectures & hands-on

As one of the world's top experts in the field of ceramic veneers, Marco will give you a very detailed theoretical insight into this topic. A program like no other.



lunch & coffee

food & beverages

During all teaching days at the Hotel Schweizerhof, lunch and coffee breaks are included and provided by the 5-star Hotel.



19:30

social dinner

On Friday evening (6th of March 2026) we will have our first social dinner overlooking Berne (in price included).





Alexandra Papanikolaou

anterior direct composite

Alexandra Papanikolaou received her D.D.S. from the National and Kapodistrian University of Athens in 2011. She continued her education in the postgraduate program of gIDE/UCLA, earning the title of 'Master Clinician in Aesthetic Dentistry' with top honors. Since 2013, she has owned and operated her own private clinic in Athens, Greece, focusing primarily on restorative and aesthetic dentistry. She is an affiliate of EAED and a founding member of the Academy of Clinical Dentistry (AKO) of Greece.

During this full day course, Alexandra Papanikolaou will show you her approach to highly esthetic anterior direct composite restorations. The course will consist of lectures and hands-on training.



March 7th 2026

lectures

She will lecture about her protocols as well as the fundamentally important steps of planning anterior esthetic composite cases.

training

hands-on

Alexandra will lead you step by step through her protocol and you will be able to learn everything during the live hands-on training.





Raphael Wymann

posterior direct composite

As a founding member of mimétika and a tutor at MAS Esthetic & Microinvasive Dentistry at the University of Geneva, Raphael Wymann knows that esthetic dentistry nowadays goes hand in hand with advanced adhesive dentistry. He will not only show you the minimally invasive esthetic approach of direct composites in the posterior, but also tips and tricks which lead to his efficient minimal adjustment concept (MAC) and long lasting composite restoration.



90 minutes
recorded lecture

To get most out of this hands-on training, Raphael will provide a recorded lecture with the theoretical & practical knowledge, which you will need to know to fully benefit from the hands-on.



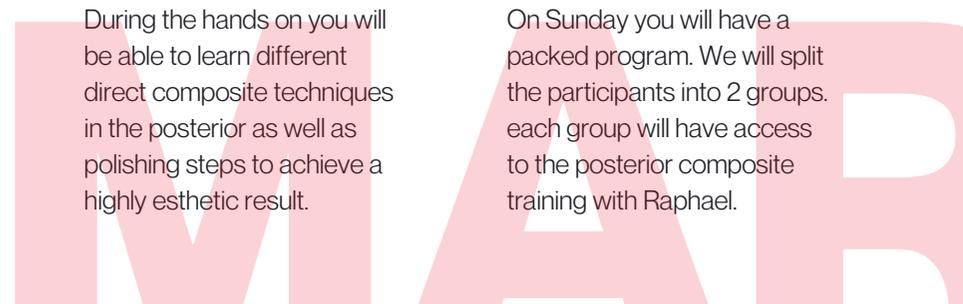
4.5 hours
hands-on

During the hands on you will be able to learn different direct composite techniques in the posterior as well as polishing steps to achieve a highly esthetic result.



March 8th 2026
08:00-12.30 (group 1)
13:30 - 18:00 (group 2)

On Sunday you will have a packed program. We will split the participants into 2 groups. each group will have access to the posterior composite training with Raphael.





Cristina Lopez

dental photography

Photography plays a huge role in dentistry in general. Even more so in esthetic dentistry. It's paramount during planning, executing and finalizing cases. The cherry on top are the pictures with an artistic touch.

During this hands-on course you will learn how to properly document your clinical work. You will be able to do so in a real clinical setting!

Cristina Lopez is head of the photography department at the MAS Esthetic & Microinvasive Dentistry program at the University of Geneva.



60 minutes
recorded lecture

To get most out of this last day, we will provide a recorded lecture with the theoretical knowledge, which you will need to know to benefit from the hands-on.



teaching
hands-on

You will learn the important steps of dental photography in a clinical setting at the clinic of Raphael Wymann.



March 8th 2026
08:00-12.30 (group 2)
13:30 - 18:00 (group 1)

On Sunday you will have a packed program. We will split the participants into 2 groups. Each group will have access to the dental photography training with Cristina.





Massimiliano Lombardo

orthodontics in esthetic dentistry

LIVE ZOOM 60' + Q&A

He received his DDS degree and Specialization in Orthodontics with full marks and honors in 1997 and 2001 at the University of Milan (IT), the Master in Microinvasive Esthetic Dentistry in 2023 at the University of Geneva (CH) and the Master in Endodontics with full marks and honors in 2004 at the University of Rome (IT).

Massimiliano Lombardo is a visiting professor at the University of Cagliari - School of Specialization in Orthodontics since 2024.

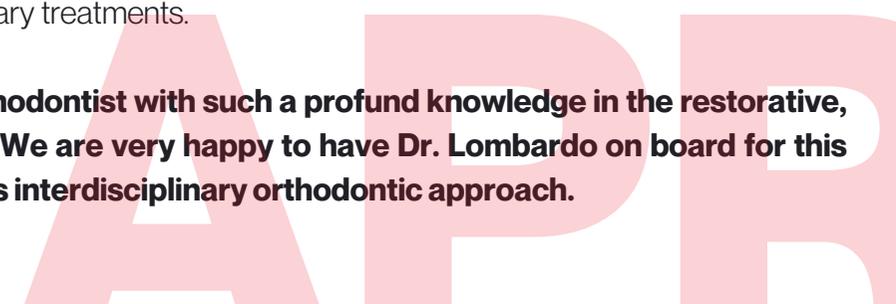
My dental career has always been focused on orthodontics, gnatology, prosthetic and restorative dentistry with private and intensive courses with Dr. Cocconi, Dr. Dietschi, Dr. Fradeani and Prof. Okeson.

I have a 3 year certification with OBI Foundation for Bioesthetic Dentistry in Denver (Colorado).

He runs a private practice in Bergamo known and renowned for multidisciplinary dentistry, orthodontics and restorative dentistry.

I am a founder Member of the educational group AOP- Advanced Orthodontic Philosophy and speaker in congresses and private courses for esthetic and functional rehabilitation in orthodontic and multidisciplinary treatments.

It is very rare to see an orthodontist with such a profound knowledge in the restorative, endodontic and TMJ field. We are very happy to have Dr. Lombardo on board for this lecture, where he shows his interdisciplinary orthodontic approach.





August Bruguera

ceramics

LIVE ZOOM 60' + Q&A

August Bruguera is a highly renowned dental technician from Spain, specialized in aesthetic restorations and dental ceramics. He has over 30 years of experience and is the founder of Laboratorio Dental Bruguera in Barcelona. August has contributed significantly to dental education, frequently lecturing internationally and publishing on advanced restorative techniques. He has been honored with the SEPES Award for Excellence in Dental Technology (2015) and the Lifetime Achievement Award from the International Academy of Dental Ceramics (2019).

During his lecture he will talk about the different ceramic restorations in the esthetic zone.

MMA

Raphael Wymann & Cristina Lopez

case discussions and mentoring

During this zoom session we will openly discuss cases. You will have time to present them and ask for advice. These case discussions are always very valuable and important.

Raphael Wymann Cristina Lopez



function and management of VDO cases

LIVE ZOOM 90' + Q&A

During this lecture Cristina and Raphael will speak about function, occlusion and treatment planning as well as management VDO. He will get you introduced to modern, state of the art additive techniques, as well as different ways to deprogram the muscles and handle the temporary phase. We will look into clinical situations and you'll have the possibility to learn about the latest tools like Modjaw® and what benefit they can bring in full mouth cases and in communication with the lab.

JUN



Fernando Soto

BOPT / Vertiprep

LIVE ZOOM 60' + Q&A

- **2000: Dentistry degree, University of Buenos Aires, Buenos Aires, Argentina.**
- **2002: Master of Science in Occlusion and Complex Oral Rehabilitation (Prof. Dr. Anibal Alonso), Buenos Aires, Argentina.**
- **2005: Specialty Certificate in Periodontics, Maimónides University, Buenos Aires, Argentina.**
- **2002 - 2017: Chief Clinical Instructor of Occlusion and Complex Rehabilitation (Prof. Dr. Anibal Alonso), Buenos Aires, Argentina.**
- **2018: Clinical Residency with honors at Gonzalez + Solano Atelier Dental (Dr. Óscar Gonzalez Martín).**
- **Director at FMS Training and Clinic, Buenos Aires, Argentina.**
- **Bio-Emulation member.**
- **Lecturer at international courses and conferences in The Americas, Europe and Asia.**

During this lecture, Fernando will teach you the difference of BOPT vs. Vertiprep and will show you the indications and techniques to achieve great results.

AUG



Raphael Wymann

adhesive indirects in the posterior

LIVE ZOOM 60' + Q&A

During this lecture Raphael will give you all the necessary tools to not only plan and execute your indirect restorations, but he will also help you to understand the full decision tree from material choice to get successful longterm results.

It is an indirect lecture that will lead you to be able to master an indirect yet minimally invasive posterior restoration.

Covered techniques:

- defect driven restorations
- veneerlays
- endocrowns
- veneers in the posterior region. when, why and how?

AUG



Benjamin Cortasse

pink esthetics

LIVE ZOOM 60' + Q&A

Dr. Benjamin Cortasse is a graduate of the University of Montpellier. He continues his studies with obtaining a CES of Biomaterials, then a CES of Periodontology. He then obtained a University Postgraduate in Oral Implantology and a University Postgraduate in Maxillofacial Expertise.

He practices in private practice in Pernes les Fontaines in Provence and is a trainer in implantology and periodontology in various university degrees and private society.

Dr. Cortasse is part of an international group led by Dr. E. Van Dooren, which aims to develop new techniques and instruments around microsurgery, aesthetics, digital management and implantology. He is the author of many articles, and shares as a renowned national and international speaker, his passion within the profession.

During his lecture He will sepek about the importance of the pink esthetics in high esthetic cases.

SEP



Cristina Lopez

Color Management in Natural Dentition and Dental Discoloration

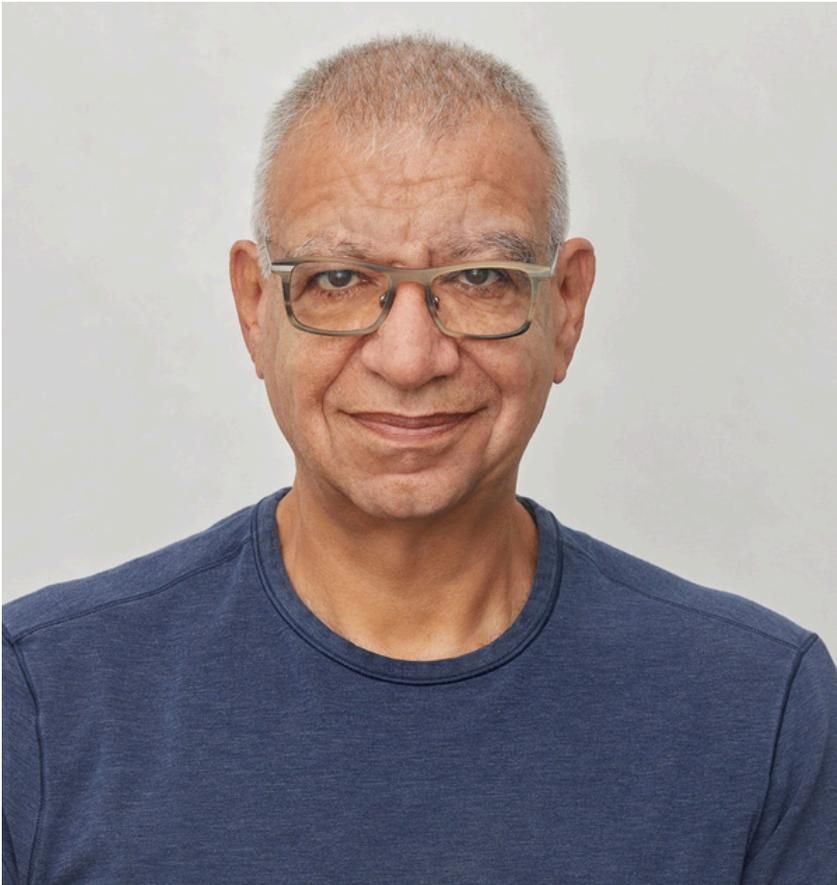
LIVE ZOOM 60' + Q&A

As a long time Tutor and graduate herself of the MAS Microinvasive & Aesthetic Dentistry Programm of the University of Geneva, Cristina has a passion for minimally invasive aesthetic treatments. During this lecture she will show you the latest treatment protocols and techniques on how to successfully treat white spots, dental discolorations and color management.

Nitzan Bichacho

Implants & prosthodontics in the esthetic zone

LIVE ZOOM 120' + Q&A



Nitzan Bichacho, D.M.D. is a Professor of Prosthodontics at the Faculty of Dental Medicine, Hebrew University and Hadassah, Jerusalem, Israel, where he graduated in 1984.

He is a Past President and Life Member of the European Academy of Esthetic Dentistry (EAED) and serves on the editorial boards of leading international dental journals.

Prof. Bichacho is a co-inventor of the NobelActive Implant System, the V3 Implant System (MIS), and the Lynx Implant System (MIS), and is the originator of several prosthetic and restorative clinical techniques that are widely used around the world.

He publishes and lectures internationally in the fields of dental implant therapy, fixed prosthodontics, interdisciplinary treatments, and innovative modalities in esthetic dentistry.

The Bichacho Clinic, located in Tel Aviv, specializes in interdisciplinary, esthetically driven treatments, in collaboration with world-renowned colleagues and dental technicians.

In this 2 hour long lecture Prof. Bichacho will show you how to handle the prosthetic part on implants and teeth in the esthetic zone and he will go into detail of the cervical contouring concepts.

NOW



PICTURES COURTESY OF RAPHAEL WYMAN

YOU!

case presentations

During this final meeting we go through **YOUR** cases. You will be able to proudly present to us, what you've learned during the last 12 months. The year-long esthética program ends with this meeting but not the connection and the spirit of this program.

DEC

Friday, March 6th 2026

Social Dinner

nido
sotto le stelle

Restaurant 'Nido sotto le stelle' in the center of Berne is a charming and contemporary Italian dining spot known for its warm ambiance and exceptional cuisine. Situated on a rooftop, it offers stunning views of the city skyline, enhancing the dining experience with a unique and picturesque setting. The menu emphasizes fresh, locally-sourced ingredients, presenting innovative dishes that blend with modern culinary techniques.



Saturday, March 7th 2026

Social Dinner



KORNHAUSKELLER
RESTAURANT · BAR

Restaurant Kornhauskeller in Bern is a renowned dining establishment located in a historic building in the city center. The restaurant is housed in a former granary, built in the early 18th century, which gives it a unique and grand architectural character. With its high vaulted ceilings and impressive columns, the Kornhauskeller offers a majestic and atmospheric dining experience. The menu features a blend of traditional Swiss and international cuisine, with a focus on high-quality, locally-sourced ingredients. Located in the heart of Bern, it is a popular choice for food lovers which seeking an exceptional culinary experience in a historic setting.



full payment

CHF 9'500.-

Tuition fee Swiss Francs 9'500.- (full payment) covers all aspects of the program - lectures, the live event (incl. social event on Friday + Saturday) and the webinars. It does not cover the participant's personal travel and hotel costs associated with attendance at the live event in Berne.

split payment

CHF 2000.- x 5

Tuition fee Swiss Francs 10'000.- (split payment) covers all aspects of the program - lectures, the live event (incl. social event on Friday + Saturday) and the webinars. It does not cover the participant's personal travel and hotel costs associated with attendance at the live event in Berne.

BOOKING DEADLINE: OCTOBER 31ST 2026

COSTS





Contact Us

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