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esthétika

A 1-YEAR PROGRAM IN ESTHÉTIC DENTISTRY.

2027

WWW.MIMETIKA-CONGRESS.COM







1 YEAR TO MASTER YOUR ESTHETIC SKILLS

The 2027 program, which is carefully put together by Cristina Lopez, Raphael Wymann & Hugh Byrne, will give you the opportunity to learn from some of the most skilled teachers and experienced clinicians in the field of esthetic dentistry.

Cristina & Raphael have been organizing courses in Switzerland for mimétika for the last 4years and while Hugh Byrne was one of the co-founders of mimétika, together with Raphael back in 2021. Together, they brings the experience of organizing multiple years of the mimétika program as well as other CE programs.

esthétika meets mimétika

Raphael Wymann (left) and Cristina Lopez (middle) founded this esthetika a product of mimétika. Hugh Byrne is a founding member of mimétika.



Raphael Wymann

Graduated in 2006 from the University of Berne (Switzerland), he finished his doctoral thesis 2007 in the field of maxillofacial surgery. Since 2009, he has owned a dental practice in Berne (Switzerland).
He is a graduate of the Masters Program for Microinvasive and Aesthetic Dentistry at the University of Geneva.
He is a tutor in the postgraduate MAS program and faculty member at the University of Geneva in the Division of Cariology and Endodontology.



Cristina Lopez

She obtained her degree in 2002 at the UEM in Madrid. In 2005, she completed a master's degree in periodontics and oral surgery. In 2010, after 2 years of activity in London, she moved to Geneva, where she obtained her diploma as a master in aesthetic and minimally invasive dentistry from the University of Geneva (2029), and since then, she has been working as a collaborator of this university both at undergraduate and postgraduate level. In parallel, she works in a private practice as a specialist in aesthetic and minimally invasive dentistry. Since 2023, she has been part of the mimétika group, where she actively collaborates in formation and organization.



Hugh Byrne

Graduating from Trinity College Dublin in 1995, Hugh worked in private practice in London for 5 years. Returning to Dublin he opened a bespoke restorative practice in 2000. With ongoing training alongside mentors such as Newton Fahl Jr, his focus was on minimally invasive adhesive dentistry. A co-founder of Mimétika, he has been involved in dental education for over 20 years both providing ongoing professional training for dentists and being on the faculty of the School of Dental Science in Trinity College Dublin.

1 full year dedicated to excellence in esthetic dentistry

The 1-year program is organized in a way, that you will have the best learning experience possible. It consists of pre-recorded lectures by Cristina Lopez and Raphael Wymann as well as live lectures of external speakers which will be broadcasted via 'zoom'. During the zoom meetings you will have enough time to ask questions about the current topic.
In March there will be a 'Live Event' in Berne, where you will work on your clinical skills during the hands-on sessions as well as on your theoretical knowledge during the lectures.
Last but not least we want to see your results. We want to follow your improvement by discussing clinical situations throughout the year and seeing some of your best cases at the end of the year.

Please note, that all time references are referring to the Swiss time zone (GMT +2).



JAN

ZOOM

January 16th 2027

15:00



FEB

ZOOM

February 6th 2027

15:00



MAR

LIVE EVENT

March 18th-21st 2027



APR

ZOOM

April 17th 2027

15:00



MAY

ZOOM

May 29th 2027

15:00

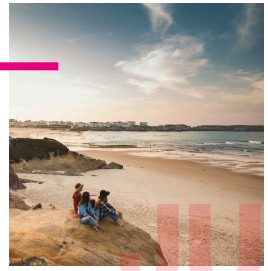


JUN

ZOOM

June 12th 2027

15:00



JUL

SUMMER BREAK



AUG

ZOOM

August 21st 2027

15:00

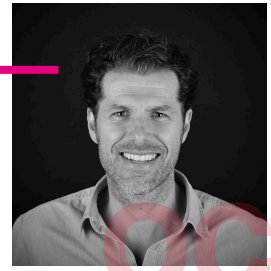


SEP

ZOOM

September 4th 2027

15:00



OCT

ZOOM

October 23rd 2027

15:00



NOV

ZOOM

November 13th 2027

15:00



DEC

ZOOM

December 11th 2027

15:30

What you'll get during 1 year of esthétika

A contemporary approach to aesthetic dentistry — combining the esthétika program with the original mimétika philosophy of ethical, minimally invasive and advanced adhesive dentistry.

- **Ethics in esthetics** — treatment decisions based on the patient's needs, biology and long-term benefit.
- **Preserve whenever possible** — maximum preservation of healthy tooth structure through minimally invasive treatment concepts.
- **Advanced Adhesive Dentistry** — understanding how to achieve reliable adhesion and maximum bond strength in everyday and complex restorative dentistry.
- **Biomimetic principles** — restoring teeth while respecting their natural structure, biomechanics and function.
- **Comprehensive treatment planning** — from small aesthetic interventions to complex full-mouth rehabilitations.
- **Interdisciplinary thinking** — understanding how restorative dentistry, orthodontics, periodontics, prosthodontics and implant dentistry interact.
- **Direct restorative dentistry** — contemporary concepts for anterior and posterior composite restorations.
- **Indirect adhesive dentistry** — veneers, overlays and other bonded restorations with a focus on indication, preparation and adhesive protocols.
- **Fixed prosthodontics & implant dentistry** — understanding when conventional prosthetic and implant-based solutions become the appropriate treatment.
- **White & pink aesthetics** — integrating restorative dentistry with periodontal concepts for harmonious aesthetic outcomes.
- **Dental photography & documentation** — using photography as a tool for diagnosis, treatment planning, communication and self-evaluation.
- **Science behind the techniques** — selected journal articles throughout the year to deepen the scientific background of each topic.
- **Clinical case discussions & mentoring** — discussing real cases, treatment decisions and different therapeutic approaches throughout the year.
- **The Live Event** — bringing knowledge into clinical practice through hands-on training, interaction with the faculty and interdisciplinary exchange.

The goal: After one year, you should not simply have learned more techniques. You should have developed a clinical mindset that helps you decide what to do, why to do it and how to do it with the least biological cost and the greatest possible predictability.

ETHICS · PRESERVATION · ADHESION · AESTHETICS · INTERDISCIPLINARY THINKING







Raphael Wymann
Cristina Lopez
Hugh Byrne

introduction to esthétika

esthètika

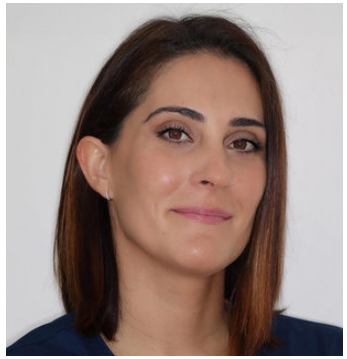
setting the foundation

The January program sets the foundation for the year and combines **pre-recorded learning** with **live online sessions**.
Pre-recorded lectures on **Treatment Planning** and **Dental Photography** will be available in advance, allowing participants to prepare at their own pace. During the January **Zoom meeting**, these topics will be revisited in a dedicated live **Q&A session**, providing the opportunity to clarify concepts and discuss questions directly with the faculty.
The live lectures will include an **Introduction to the 1-Year Program**, presented by Hugh Byrne, Raphael Wymann and Cristina Lopez, outlining the philosophy, structure and objectives of the year ahead.
The January module will also introduce one of the central principles of the program: **Ethics in Aesthetic Dentistry** — exploring how patient-centered, responsible decision-making should guide aesthetic and restorative treatment from the very beginning.

- **ethics in esthetic dentistry**
- **dental photography**
- **treatment planning**

LIVE ZOOM 60' + Q&A

JAN





Cristina Lopez (live)
Hugh Byrne
Raphael Wymann

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hard tissue & the bonding concept

February is a content-rich session, covering several fundamental concepts that will be essential for the clinical topics throughout the year.
The live lecture, presented by Cristina Lopez, will focus on Discolorations and their assessment and management in aesthetic dentistry.

4 pre-recorded lectures will be available in advance:
Isolation — Cristina Lopez
Hard Tissue Management — Hugh Byrne
Cracks — Raphael Wymann
Adhesion — Hugh Byrne

An **extended live Q&A session** will bring all these topics together, allowing participants to clarify concepts, discuss clinical protocols and explore their practical application.
As **this is a particularly loaded session**, the pre-recorded lectures are **an important foundation for the upcoming year** and will introduce principles that will be repeatedly applied and developed throughout the program.

- **discolorations**
- **isolation**
- **hard tissue management**
- **cracks**
- **adhesion**

LIVE ZOOM 60' + Q&A

FEB

LIVE





Berne, Switzerland

location

course location is Hotel Schweizerhof in Berne.



March 18th - 21st

date

During these 4 days you will enjoy teaching and hands on in this beautiful UNESCO world heritage city.

MAR



LIVE

August Bruguera

ceramic veneers

August Bruguera is a highly renowned dental technician from Spain, specialized in aesthetic restorations and dental ceramics. He has over 30 years of experience and is the founder of Laboratorio Dental Bruguera in Barcelona. August has contributed significantly to dental education, frequently lecturing internationally and publishing on advanced restorative techniques. He has been honored with the **SEPES Award for Excellence in Dental Technology (2015)** and the **Lifetime Achievement Award from the International Academy of Dental Ceramics (2019).**
During his lecture he will talk about veneers done out of different ceramic restorations in the esthetic zone.







March, 18th 2027

collaboration

Together with **Cristina Lopez** and **Raphael Wymann** you will be led through different techniques and cases on which they collaborated together.

food & beverages

During all teaching days at the Hotel Schweizerhof, lunch and coffee breaks are included and provided by the 5-star Hotel.

social dinner

On Friday evening (19th of March 2027) we will have our first social dinner overlooking Berne (in price included).



LIVE

Agnè Malisauskiene

anterior direct composite

Agne Malisauskiene is an internationally recognized clinician and educator with a strong focus on direct anterior composite restorations.
She is a member of BioEmulation and an external lecturer in the MSc Program in Esthetic Dentistry at Goethe University Frankfurt.
Her clinical work has received several awards, including 'Best Esthetic Dentist' in Lithuania 2023.
Today, she travels worldwide to lecture and teach hands-on courses in aesthetic restorative dentistry.

The course follows a **2 + 1 day format**:
+1 day: approximately **8 hours of mandatory pre-recorded lectures**, completed before the live course.
2 days: an intensive hands-on course in Bern on March 19–20.
The pre-recorded theory creates the foundation, allowing the two live days to focus on clinical application and hands-on training.

March 19th + 20th 2027

lectures

She will lecture about her protocols as well as the fundamentally important steps of planning anterior esthetic composite cases.

training

hands-on

Agnè will lead you step by step through her protocol and you will be able to learn everything during the live hands-on training.



LIVE

Raphael Wymann

posterior direct composite

As a founding member of mimétika and a tutor at MAS Esthetic & Microinvasive Dentistry at the University of Geneva, Raphael Wymann knows that esthetic dentistry nowadays goes hand in hand with advanced adhesive dentistry. He will not only show you the minimally invasive esthetic approach of direct composites in the posterior, but also tips and tricks which lead to his efficient minimal adjustment concept (MAC) and long lasting composite restoration.



90 minutes

recorded lecture

To get most out of this hands-on training, Raphael will provide a recorded lecture with the theoretical & practical knowledge, which you will need to know to fully benefit from the hands-on.



4.5 hours

hands-on

During the hands on you will be able to learn different direct composite techniques in the posterior as well as polishing steps to achieve a highly esthetic result.



March 21st 2027

08:00-12.30 (group 1)

13:30 - 18:00 (group 2)

On Sunday you will have a packed program. We will split the participants into 2 groups. each group will have access to the posterior composite training with Raphael.



LIVE

Cristina Lopez

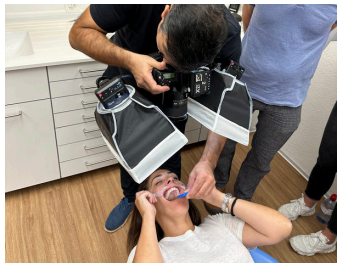
dental photography

Photography plays a huge role in dentistry in general. Even more so in esthetic dentistry. It's paramount during planning, executing and finalizing cases. The cherry on top are the pictures with an artistic touch.
During this hands-on course you will learn how to properly document your clinical work. You will be able to do so in a real clinical setting!
Cristina Lopez is head of the photography department at the MAS Esthetic & Microinvasive Dentistry program at the University of Geneva.



60 minutes
recorded lecture

To get most out of this last day, we will provide a recorded lecture with the theoretical knowledge, which you will need to know to benefit from the hands-on.



teaching
hands-on

You will learn the important steps of dental photography in a clinical setting at the clinic of Raphael Wymann.



March 21st 2027
08:00-12.30 (group 2)
13:30 - 18:00 (group 1)

On Sunday you will have a packed program. We will split the participants into 2 groups. Each group will have access to the dental photography training with Cristina.

MAR

esthètika



Raphael Wymann

indirect posterior restorations

LIVE ZOOM 60' + Q&A

During this lecture Raphael will give you all the necessary tools to not only plan and execute your indirect restorations, but he will also help you to understand the full decision tree from material choice to get successful longterm results.
It is an indirect lecture that will lead you to be able to master an indirect yet minimally invasive posterior restoration.
Covered techniques:

- defect driven restorations
- veneerlays
- endocrowns
- veneers in the posterior region. when, why and how?

APR

esthètika



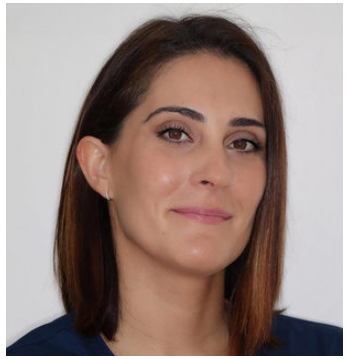
Julia Garcia Baeza

orthodontics

LIVE ZOOM 60' + Q&A

Dr. Julia García Baeza is a highly experienced orthodontist, international lecturer and Diplomate of the American Board of Orthodontics.
Trained at the University of Pennsylvania and holding a PhD in Dentistry, awarded Cum Laude, she combines a strong academic background with extensive clinical experience.
Her expertise spans adult and interdisciplinary orthodontics, smile aesthetics, biomechanics, aligner therapy and orthognathic treatment.
She is exclusively dedicated to orthodontics in private practice in Madrid and is actively involved in postgraduate and advanced orthodontic education.
As an internationally recognized educator, she has lectured across Europe, North and Latin America, Asia and Africa.
Her course combines evidence-based concepts, sophisticated treatment planning and clinically applicable protocols, with a strong focus on achieving predictable, aesthetic outcomes in complex orthodontic cases.

MAY





Cristina Lopez
Hugh Byrne
Raphael Wymann

esthétika

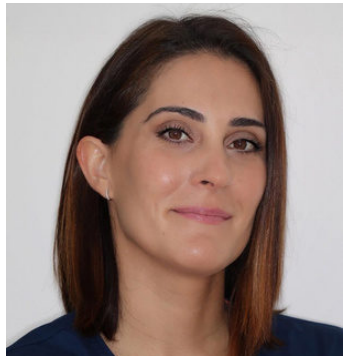
Clinical Review & Case Discussion

June marks an important milestone in the esthétika journey: time to **look back** at the first half of the year and **reflect** on the **clinical progress** made so far.
This highly interactive session will focus on **participant case presentations**, **clinical discussions** and an **extensive Q&A**, revisiting key concepts and challenges from the previous months.
Led by Cristina Lopez, Hugh Byrne and Raphael Wymann, the session is designed to **encourage open discussion, exchange of experiences and constructive feedback.**
Participants are strongly encouraged to bring and **present their own clinical cases**, including ongoing treatments, successes, difficulties and unanswered questions.
This session represents one of the core pillars of esthétika: following clinical development over time, learning from each other and translating knowledge into measurable progress in daily practice, before heading into the summer break.

- **case presentations**
- **clinical discussions**
- **extensive Q&A**
- **feedback**

LIVE ZOOM 60' + Q&A

JUN





Cristina Lopez
Raphael Wymann

esthètika

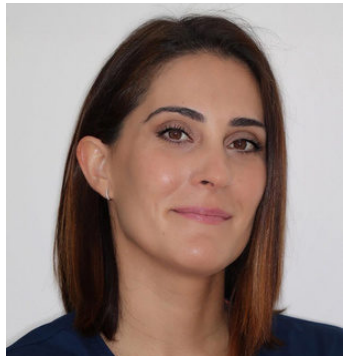
VDO & full-mouth rehabilitations

August is dedicated to one of the most exciting and challenging areas of restorative dentistry: **VDO cases and full-mouth rehabilitations**.
Raphael Wymann & Cristina Lopez will explore different treatment concepts and techniques, combining modern digital approaches with proven analogue workflows.
Different philosophies will be presented and critically discussed, highlighting not only their possibilities but also their limitations.
The main focus will be on **treatment planning, predictability and clinical execution:** How can we **simplify** complex cases? How can we **reduce risks**? And how can we create a workflow that remains manageable in **daily practice**?
Expect plenty of practical tips, clinical cases and step-by-step strategies to approach large rehabilitations with greater confidence and control.

- **VDO increase**
- **centric relation**
- **clinical cases**
- **protocol**

LIVE ZOOM 60' + Q&A

AUG





Cristina Lopez
Raphael Wymann

The September program is complemented by **two focused lectures:** Raphael Wymann will present a pre-recorded lecture on **restorative approach with Endodontically Treated Teeth (ETT),** while Cristina Lopez will explore the principles and clinical application of **BOPT.**

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Jaw Tracking & Advanced Restorative Concepts



September brings together digital innovation and advanced restorative dentistry, with a special focus on **dynamic jaw tracking** and its integration into complex rehabilitation.
Our guest speaker **Dr. Marwane Salih** graduated in Strasbourg, France, in 2018 and today runs his own private practice in Lyon, dedicated to aesthetic restorative dentistry, prosthodontics and full-mouth rehabilitations. Alongside his private practice, he is involved in patient care and research at the University in Lyon, with a particular focus on global rehabilitation and the management of rare diseases.
A **MODJAW** user since 2020, Marwane is among the early adopters of dynamic jaw tracking and has also been involved in university-based research with the technology. In this session, he will share his clinical experience with MODJAW, demonstrating how **dynamic functional data** can be integrated into everyday digital workflows and complex rehabilitations.

- **function & jaw tracking**
- **restorations of E.T.T.**
- **B.O.P.T.**
- **Q&A**

LIVE ZOOM 60' + Q&A

SEP

esthètika

Benjamin Cortasse

pink esthetics

LIVE ZOOM 60' + Q&A



Dr. Benjamin Cortasse is a graduate of the University of Montpellier.
He continues his studies with obtaining a CES of Biomaterials, then a CES of Periodontology. He then obtained a University Postgraduate in Oral Implantology and a University Postgraduate in Maxillofacial Expertise.
He practices in private practice in Pernes les Fontaines in Provence and is a trainer in implantology and periodontology in various university degrees and private society.
Dr. Cortasse is part of an international group led by Dr. E. Van Dooren, which aims to develop new techniques and instruments around microsurgery, aesthetics, digital management and implantology. He is the author of many articles, and shares as a renowned national and international speaker, his passion within the profession.
During his lecture He will speak about the importance of the pink esthetics in high esthetic cases.

OCT

Oscar Gonzalez Martin

Implants & prosthodontics in the esthetic zone

LIVE ZOOM 90' + Q&A

esthètika



Oscar González-Martín, DDS, PhD, MSc is widely regarded as **one of the world's leading clinicians in esthetic implant dentistry**, renowned for combining periodontal, surgical and prosthodontic excellence.

Trained at the University of Pennsylvania and a Diplomate of the American Board of Periodontology, his academic career includes positions at UPenn, Harvard, Geneva and Complutense University of Madrid.

Today, he maintains an exclusive private practice in Madrid and serves as Scientific Chair of the International Journal of Esthetic Dentistry (IJED).

In this lecture, Oscar will share his **approach to implant treatment in the esthetic zone**, with particular **emphasis on prosthodontic strategies, soft-tissue integration** and achieving predictable, natural-looking outcomes.

NOW



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YOU!

case presentations

During this final meeting we go through **YOUR** cases. You will be able to proudly present to us, what you've learned during the last 12 months.
The year long esthétika program ends with this meeting but not the connection and the spirit of this program.

DEC

Friday, March 19th 2027

Social Dinner

nido

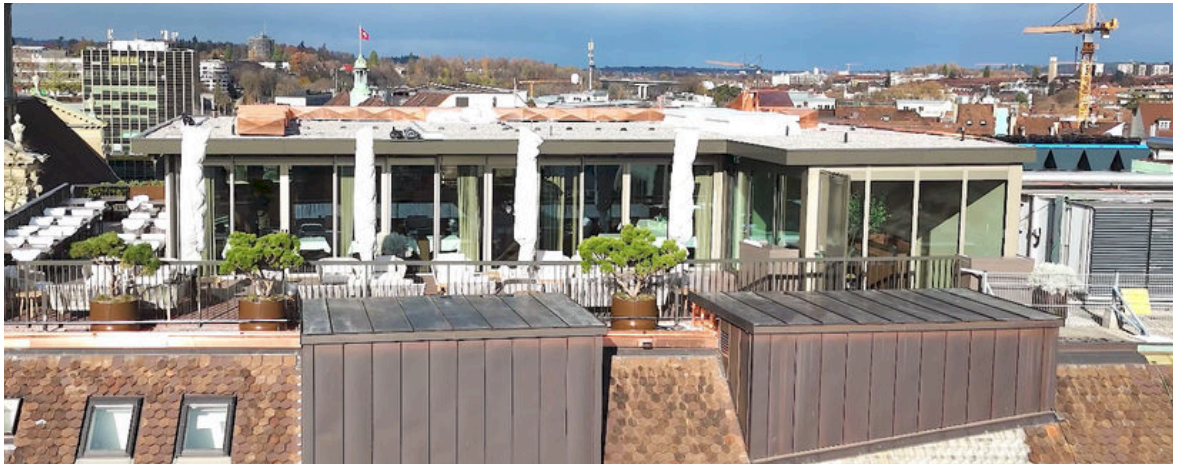
sotto le stelle

Restaurant ‘Nido sotto le stelle’ in the center of Berne is a charming and contemporary Italian dining spot known for its warm ambiance and exceptional cuisine. Situated on a rooftop, it offers stunning views of the city skyline, enhancing the dining experience with a unique and picturesque setting. The menu emphasizes fresh, locally-sourced ingredients, presenting innovative dishes that blend with modern culinary techniques.









Saturday, March 20th 2027

Social Dinner

KORNHAUSKELLER

RESTAURANT · BAR

Restaurant Kornhauskeller in Bern is a renowned dining establishment located in a historic building in the city center. The restaurant is housed in a former granary, built in the early 18th century, which gives it a unique and grand architectural character. With its high vaulted ceilings and impressive columns, the Kornhauskeller offers a majestic and atmospheric dining experience. The menu features a blend of traditional Swiss and international cuisine, with a focus on high-quality, locally-sourced ingredients. Located in the heart of Bern, it is a popular choice for food lovers seeking an exceptional culinary experience in a historic setting.









full payment

CHF 9'500.-

Tuition fee Swiss Francs 9'500.- (full payment) covers all aspects of the program - lectures, the live event (incl. social event on Friday + Saturday) and the webinars. It does not cover the participant's personal travel and hotel costs associated with attendance at the live event in Berne.

split payment

CHF 2000.- x 5

Tuition fee Swiss Francs 10'000.- (split payment) covers all aspects of the program - lectures, the live event (incl. social event on Friday + Saturday) and the webinars. It does not cover the participant's personal travel and hotel costs associated with attendance at the live event in Berne.

BOOKING DEADLINE: NOVEMBER 30 2027



COSTS

Contact Us

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